

## SNAP FACTS FOR OREGONIANS AGED 60+



### Income Facts

- Monthly income includes any money you receive.
- Medical and Housing deductions may help with qualification.
- Maximum income: Household of one: \$1,679, Household of two: \$2,268 and on up.

### Common misunderstandings about SNAP

- **Using SNAP dollars is charity** – Fact: Food assistance is no more charity than using social security – you pay into it and, when needed, reap the benefits. In fact, 51% of all American’s will use SNAP at some time (USDA) making it a common American experience.
- **Using SNAP hurts the economy** – Fact: SNAP brings more than \$1 billion federal food dollars into Oregon each year, supporting grocers and local agriculture.
- **Other people need them more than I do** – Fact: The program expands and contracts with need. If you are eligible but don’t get them, you are not “saving” them for someone else.
- **If I own a car or home I won’t qualify** – Fact: For nearly all households, assets like homes, cars or savings are NOT calculated when determining eligibility.
- **It is embarrassing to use paper food stamps** – Fact: Food dollars come on a debit card, which you can use at most grocery stores. You swipe it and then enter your PIN.
- **I know someone who applied and only got \$10** – Fact: The minimum is now \$16 per month with most senior households receiving \$90 per month. Qualifying for SNAP also brings other types of assistance. For example, many seniors qualify for **telephone assistance** and **farmers’ market vouchers**.

Call Oregon SafeNet at  
800-SAFENET  
(800-723-3638)

Monday-Friday 8AM to 6PM,  
with questions about SNAP  
and other resources.

If everyone in your  
household is 60 + or  
disabled, contact  
1-800-723-3638 (SafeNet)  
for a list of local Senior  
Service offices.

If you have people in your  
household who are under  
60 years, contact  
1-800-723-3638 (SafeNet)  
for a list of local Self  
Sufficiency offices.

**On Line Application:**  
[https://apps.state.or.us/  
onlineApplication](https://apps.state.or.us/onlineApplication)

\*Formally known as Food Stamps